



Open 11.54 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

SPOCO South East Group 1 Counter

to be held on

Wednesday 30th June 2021
Course E18/11 — Start at 7.00 pm

Timekeepers:

John Cottee and Ian Taylor

Event headquarters:

**West Hanningfield Village Hall, Church Road, West Hanningfield,
 Chelmsford, Essex CM2 8UJ**

Please park economically in the hall car park, the extension car park will open when main car park full. Under no circumstances park in Church Road. Please respect the village residents. Thank you.

Event secretary: Louise Robinson, 215a Hockley Road, Rayleigh, Essex, SS68BH Telephone: 077714030977

COURSE DETAILS E18/11

START in layby (**M**) on old A130, 0.7miles North of Pan Lane, continue south to turn left (**M**) into Pan Lane (**M**). Continue to East Hanningfield and through village bearing left at mini roundabout (appears straight on) junction with Bicknacre Road to Howe Green(4.5miles), turn left (**M**) onto old A130 to complete circuit (5.77miles). Continue as on the first circuit to **FINISH** 50m before the start (11.54miles).

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years on the 31st of December next are required to wear a suitably approved helmet.

The use of a rear light whilst competing is mandatory.

Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the committee.

LONDON EAST LOCAL REGULATIONS

- 1** Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2** No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3** No parking at either the start or finish points, other than the timekeepers' car.
- 4** Body numbers will be available at the event headquarters.
- 5** Riders must 'sign-on' before they start and are also required to 'sign-off' after finishing. Any rider who fails to 'sign-off' will be declared as DNF.

RIDERS BRIEFING NOTICE

Riders should take care crossing old A130 at start. Riders waiting to start should stand fully in layby adjacent to the start and off the main road.

Riders that have finished should proceed straight on to the event headquarters, being aware of Competitors that are still racing, especially at the right turn into Church Road on return to HQ.

ADDITIONAL CONSIDERATIONS FOR COVID-19 IT IS IMPORTANT THAT YOU READ THIS OR YOURS AND OTHERS SAFETY

In order for the event to proceed safely for all there are a number of restrictions that **must** be followed by everyone at the event.

- Please adhere to government social distancing guidelines at all times.
- No loitering at the HQ please.
- There are no changing facilities available, please come dressed, ready to race.
- Toilet facilities will be available but are restricted to one person per toilet at a time (1 male, 1 female). Queuing must be outside at a safe distance.
- Please remember to bring your own pen and safety pins if at all possible
- When finishing, please do not return to the finishing area or communicate with the time-keepers.
- When signing-off, please place your number into the bucket provided and leave as soon as possible.
- No results board will be available on the day and no prize presentations will take place. Results will be posted online as soon as is practical. Prizes will be paid electronically.
- There will be no refreshments available at HQ.

Prize List:

Solo Men, Solo Women, Team 2up and Junior/Juvenile

1st 30 (Team 2up £15 x2)

2nd 20 (Team 2up £10x2)

3rd 10 (Team 2up £5x2)

Spot prizes

13th solo scratch £10

8th Team 2up £10 per team

One prize per person.

Bib	Start Time	Forename	Surname	Club	Gender	Category
1	19:01	James	Wicks	Essex Roads CC	Male	Juvenile
2	19:02	Connor	Stevens	Lee Valley Youth CC	Male	Junior
3	19:03	Paul	Abeledo	Hart Performance Coaching	Male	Veteran
4	19:04	Sebastian	Harrison	Islington Cycling Club	Male	Senior
5	19:05	Neil	Hughes	Velo Schils Interbike RT	Male	Veteran
6	19:06	Ian	Damant	Becontree Wheelers CC	Male	Veteran
7	19:07	Louise	Douglass	Essex Roads CC	Female	Veteran
8	19:08	Chris	Worsfold	API-Metrow	Male	Veteran
9	19:09	Paul	Turton	Team Vision Racing - Silverhook	Male	Veteran
10	19:10	Matthew	Saunders	Team Vision Racing - Silverhook	Male	Veteran
11	19:11	Andrew	Shaw	Essex Roads CC	Male	Veteran
12	19:12	James	Bromley	Becontree Wheelers CC	Male	Veteran
13	19:13	Paul	Ruffy	Eat Plants Not Pigs CC	Male	Veteran
14	19:14	Jeremy	Parker	Metropolitan Police Cycle Club	Male	Veteran
15	19:15	Jack	Kellam	Cambridge University CC	Male	Senior
16	19:16	Richard	Gandy	Essex Roads CC	Male	Veteran
17	19:17	Dominic	Bray	Finsbury Park CC	Male	Veteran
18	19:18	Tony	Capon	Becontree Wheelers CC	Male	Veteran
19	19:19	Trevor	Phillips	Essex Roads CC	Male	Veteran
20	19:20	Sam	Wightman	Team Bottrill	Male	Veteran

22	19:22	Matthew	Whiteley	Athlon CC	Male	Vet 2up
23	19:22	Paul	Gibbons	Athlon CC	Male	Vet 2up
24	19:24	Ian	Short	Team Salesengine.co.uk	Male	Vet 2up
25	19:24	Ann	Shuttleworth	Cambridge CC	Female	Vet 2up
26	19:26	Simon	Higgs	Essex Roads CC	Male	Vet 2up
27	19:26	Mark	Connelly	Essex Roads CC	Male	Sen 2up
28	19:28	Tim	Bird	Essex Roads CC	Male	Vet 2up
29	19:28	Ashton	Parker	Essex Roads CC	Male	Vet 2up
30	19:30	Mark	Thompson	Essex Roads CC	Male	Vet 2up
31	19:30	Andrew	Walker	Essex Roads CC	Male	Vet 2up
32	19:32	George	Fordham	Athlon CC	Male	Sen 2up
33	19:32	Noel	O'Sullivan	Athlon CC	Male	Vet 2up
34	19:34	Matthew	Currie	Athlon CC	Male	Sen 2up
35	19:34	Sam	Swaysland	Athlon CC	Male	Sen 2up
36	19:36	Thomas	Platts	Aspire Velo Racing Team	Male	Sen 2up
37	19:36	Peter	Tibbitts	Ford CC	Male	Vet 2up
38	19:38	David	Haynes	Essex Roads CC	Male	Vet 2up
39	19:38	David	Pattison	Essex Roads CC	Male	Vet 2up
40	19:40	Paul	Knight	Essex Roads CC	Male	Vet 2up
41	19:40	Craig	Barnbrook	Essex Roads CC	Male	Vet 2up
42	19:42	Michael	Leake	Essex Roads CC	Male	Vet 2up
43	19:42	John	Masheter	Essex Roads CC	Male	Vet 2up
44	19:44	Barry	Neal	Ciclos Uno	Male	Vet 2up
45	19:44	Hugh	Williams	Spartan	Male	Vet 2up
46	19:46	Michael	Beaver	Athlon CC	Male	Sen 2up
47	19:46	Joshua	Granger	Athlon CC	Male	Sen 2up

